

EXTREMITY SUBLUXATION CORRELATION

PART IV: CHART SUMMARY

Abstract

Extremity subluxations do exert a profound influence on total body organization and function.

Introduction

The following chart is given as a quick reference summary to the prior three papers.

Discussion

Jammed Carpals

- Ocular lock
- Psychological reversal
- Roll
- Yaw Thoracolumbar
- Rib cage decreased passive ROM R -> L

Scaphoid

- Psychological reversal
- Piriformis Gait Inhibition
- Category I
- Roll
- Shoulder passive ROM decreased L
- Rib cage passive ROM decreased clockwise

Medial Olecranon

- Pitch
- Passive ROM decreased left leg
- DTR's (upper)

Posterior Radial Head

- Yaw Sacrum
- Jaw retrusion
- Passive ROM decreased torso R -> L
- Passive ROM decreased rib cage counterclockwise

A-C Joint

- Upper Gait
- Yaw Occiput
- Tilt

Scapula

- Psychological Reversal
- Roll
- DTR's (lower)

Proximal Clavicle

- Hyoid
- Limbic fixation

Glenohumeral Joint

- TMJ open w/out TL
- TMJ retrusion w/ TL

Bicipital Tendon

- TMJ closing w/ TL

Femur Head

- TMJ closing w/ TL
- P.L.U.S.
- TMJ lateralization w/ TL
- Passive ROM decreased torso L → R
- DTR's (lower)

Tibia

- Upper Gait
- Piriformis Gait
- Limbic fixation
- TMJ neutral TL
- TMJ lateral W/ TL
- TMJ protrusion w/ TL
- DTR's (upper / lower)

Fibular Head

- Ocular lock
- Psychological Reversal
- Category I
- Yaw Occiput
- TMJ retrusion w/ TL
- Pincer Palpation

Patella

TMJ aerobic/ anaerobic

Calcaneus

Upper Gait

Piriformis Gait

Limbic fixation

Yaw Sacrum

TMJ lateralization w/ TL

TMJ protrusion w/ TL

Passive ROM decreased rib cage counterclockwise

Talus

Ocular lock

Psychological Reversal

Piriformis Gait Inhibition

P.L.U.S.

Limbic fixation

Category II

Yaw Sacrum

Yaw Thoracolumbar

TMJ neutral w/ TL

TMJ open w/ TL

TMJ protrusion w/ TL

Passive ROM decrease rt. shoulder

Pincer Palpation

Passive ROM decreased rib cage counterclockwise

DTR's (upper)

Distal Tibia

TMJ protrusion w/ TL

Navicular

TMJ open w/out TL

Passive ROM decreased rib cage counterclockwise

Limbic Fixation

Cuboid

P.L.U.S.

Yaw Occiput

Yaw Thoracolumbar

TMJ open w/out TL

TMJ neutral w/ TL

TMJ protrusion w/ TL

Passive ROM decreased rib cage counterclockwise
DTR's (upper)

1st Cuneiform
Category III

2nd Cuneiform
P.L.U.S.
Yaw Thoracolumbar
TMJ retrusion w/ TL
Passive ROM decreased left leg
Passive ROM decreased torso left to right
DTR's (upper)

3rd Cuneiform
Psychological Reversal
Category II
Yaw Thoracolumbar
TMJ neutral w/ TL
TMJ protrusion w/ TL
TMJ retrusion w/ TL
Passive ROM decrease rt. shoulder
Passive ROM decrease lt. shoulder

Laterally Rotated Metatarsals
Category II

Dropped Metatarsal Heads
Yaw Thoracolumbar
Decreased passive ROM left leg

Conclusion

Both upper and lower extremity subluxations have a deep and profound effect on overall body function. It is of utmost importance to diagnose the need, supply the need, and observe the results (Goodheart).

References

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